## "A Garden in Every School"

## Vision

y encouraging and supporting a garden in every school, we create opportunities for our children to discover fresh food, make healthier food choices, and become better nourished.

Gardens offer dynamic, beautiful settings in which to integrate every discipline, including science, math, reading, environmental studies, nutrition, and health. Such interdisciplinary approaches cultivate the talents and skills of all students while enriching the students' capacities of observation and thinking.

Young people can experience deeper understandings of natural systems and become better stewards of the Earth by designing, cultivating, and harvesting school gardens with their own hands.

School garden projects nurture community spirit, common purpose, and cultural appreciation by building bridges among students, school staff, families, local businesses, and organizations.



## California Department of Education

For more information, call the Nutrition Services Division at (800) 952-5609.